

HEALTH CAREER EXPLORER KICKOFF

Health Career Explorers is a Boy Scouts of America "Learning for Life" career education program for young people ages 14 – 20. It offers members the opportunity to "explore" various health career options.

Explorers meet on the first and third Thursdays of each month from September through May. In addition to programs that highlight various health careers, members are also able to volunteer in the hospital in ER, Radiology, Patient Information, Medical & Surgical Floors, Women's Services, Rehab, ACU, Nutrition, Recovery, and even helping Peds patients do crafts. They also assist with community projects such as helping with the March for Babies, Relay for Life, and American Heartwalk.

We currently have 75 active Explorers. If you know of young person who is interested in a health career, encourage them to become an Explorer! Call Debbie Carey at 678-3573 for information.



Pictured are (l to r): Tabitha Gregory, Keeley Rouse, Zachary Shelton, Debbie Carey, Robert Pitman, Hayley Davis, Ariel Calahan, and Chris Moore at the LCRH Health Career Explorers Kick-Off on September 28



BEHAVIORAL HEALTH

Non-violent crisis intervention training in November with **Sara Renee Hayes, Lydia Sue Irwin, and Isaiah Wilson.**

Crisis Prevention Institute provides the course programming which is taught by **Lawrence Underwood.** It is offered several times throughout each year as a full course and as a refresher course. The course is open to any team member. Check your staff development calendar for details.

NCCU

Congrats to **Terisita Briones, RN** for passing the CCRN exam and is now a "Certified Critical Care RN." Great job, Tess!



LIFE IS COOL

More than thirty LCRH team members converged upon Pulaski Elementary School on October 14 to participate in "Life is Cool" - program sponsored by The Donate Life Kentucky Coalition. Learning station volunteers included LCRH nurses - many of whom are members of the AACN, AORN, KSPAN - as well as cardiopulmonary and rehab staff.

These professionals provided hands-on teaching for the children, focusing on the major transplantable organs of our body, along with eyes (corneas), and blood. Team members taught the students how the organs and tissues function and talked with them about choices that promote good health. Many of the stations used pig organs - which are closest to actual human organs - to provide visual support for the presentations. Students also wore "Corneal

new appreciation for their own bodies and showed them how important it is to make good choices to keep their bodies healthy.



Blindness" glasses to better understand eye disease and were able to listen through stethoscopes to hear their own heartbeats.

The mission of Donate Life Kentucky Coalition is to increase organ, eye, tissue and blood donation in Kentucky with public education, such as the "Life is Cool" program. Our team members did a phenomenal job in helping children

